

## **BATTEN LEADERSHIP COURSE DESCRIPTIONS**

### **BLI 101: LEADERSHIP SKILLS (4)**

This course has three components: skills seminar, leadership lab, and communication skills group. The skills seminar seeks to familiarize participants with contemporary leadership theories and styles, as well as refine presentation and conflict management and negotiation skills. The lab provides opportunities for students to practice their skills with senior students in a video-taped setting. Communication skills group provides a small group experience for support and challenge as participants work toward a specific individual goal. Open to first-year students. No prerequisites.

### **BLI 101: LEADERSHIP SKILLS (4)**

This course employs an understanding of conflict, negotiation, feedback and leadership theories. A strong emphasis is on awareness of self with students identifying their own areas for development. Open to first-year students. No prerequisites.

### **BLI 101: LEADERSHIP SKILLS (2)**

This course employs a case-in-point teaching methodology to help students both learn and experience the dynamics of adaptive leadership theory in thought and action. In this interactive, discussion-based course, students will explore issues of technical vs. adaptive leadership challenges, their relationship to authority, work avoidance, factions and loyalties, and the compassion and collaboration at the heart of meaningful change and effective leadership. Open to first-year students. No prerequisites. Corequisite: BLI 101L.

### **BLI 101L: LEADERSHIP SKILLS LAB (2)**

Taken concurrently with Leadership Skills, BLI 101L offers students two small group experiential components in which to experiment with core leadership capacities while learning to give and receive meaningful in-vivo feedback. Corequisite: BLI 101.

### **BLI 201: LEADERSHIP PROJECT (2)**

This course provides an opportunity to use your leadership skills to design and implement a BLI group project—and to experience the life of a team. Through this collaborative project, students will delve into the way teams function, examining elements that create success and foster dysfunction. The class will form a team and process areas that require attention for enhanced team functioning, as members support one another to further their individual and collective leadership development. Students will work to strengthen accountability through pointed sessions of giving and receiving meaningful peer-to-peer feedback. Throughout the project, we will be working to expand your capacity for innovative thinking and in turn more productive and creative approaches to individual and group problem-solving. Open to first-year students. Prerequisites: BLI 101.

### **BLI 201: LEADERSHIP PROJECT (2)**

This course teaches theory and practical application to promote optimal team functioning around project design and implementation. Through assessment, students develop goals and strengthen accountability toward project management within a proactive culture. This is a vital course to enhance ability to work with teams. Open to students who have successfully completed BLI 101.

### **BLI 211: LEADERSHIP EXPERIENCE SEMINAR (2)**

This discussion-based course offers a learning environment to help you either plan for or more fully integrate your intercultural, international and/or leadership experience (focus experience) into your leadership development. We will use your focus experience to reflect upon and analyze the art and practice of leadership, particularly as it fits into different cultural contexts. Interwoven throughout the course is a deep exploration of your core values and the ways in which those values manifest in your life, relationships, and world view.

Through discussion and interaction, we will create a space to explore cultural constructs and their implications for leadership and the potential for systemic change. Your leadership development is a process, and the structure of this class reflects that principle. Please plan to meet with the professor to discuss your focus experience prior to enrolling. Prerequisites: BLI 101 and an introductory leadership seminar.

**BLI 211: LEADERSHIP EXPERIENCE SEMINAR (2)**

This class is designed to surface awareness of culture and organizational values through observation and analysis of a variety of systems under various leadership styles. Open to first-year students Spring Term. Prerequisite: BLI 101.

**BLI 471, 472: LEADERSHIP CAPSTONE (2, 2)**

Designed for students who have completed all other courses offered by BLI, this course serves as the capstone experience for leadership development. The central focus of the course is to strengthen considerably your ability to both give and receive constructive, meaningful feedback – a goal we will meet through leadership lab and the goals that will grow out of your personal assessment results. Further, you will be challenged to use your relationship with BLI faculty as a template for those relationships you hope to craft with future supervisors. This course requires strong interpersonal and intrapersonal skills, as well as the willingness to integrate these insights and skills for the practice of mentoring and the advancement of the program. To that end, students will receive specialized board governance training and serve in an advisory board capacity, making recommendations to the institute and preparing to participate in meaningful board work upon graduation. As the year unfolds, we will work to create a supportive, resilient group of participants mutually invested in making your final year at Hollins a meaningful one. Prerequisites: BLI 471: BLI 201 and 211; BLI 472: BLI 471

**BLI 471, 472: LEADERSHIP CAPSTONE (2, 2)**

The central focus of the Capstone course is to strengthen a student's ability to navigate constructive, meaningful feedback, conduct labs, and refine supervision skills. Additionally, students engage in research towards a reflective Capstone experience aligned with their major disciplines of interest. Prerequisites: BLI 471: BLI 201 and 211; BLI 472: BLI 471.